

Maternal Health Access Project

Dear moms,

We would like to hear from you about your experience in accessing mental and behavioral health services and resources during the perinatal period. Feedback from you will guide the improvement of the support system in Missouri to provide high-quality care to mothers and children.

Idea Mapping Focus Group

What does this involve?

- A one-hour online session.
- Filling out the **sign-up** form beforehand (takes about 5 minutes).
- Receive a \$30 gift card as a "thank you" for your time and participation.

Who can participate?

- Currently pregnant or postpartum up to 1 year
- Current or history of mental or behavioral health conditions or substance use disorder.

Have questions?

- General MHAP Program questions – musompsychiatrymhl@mi ssouri.edu.
- Idea Mapping questions -<u>mhap_ihd@umkc.edu</u>

Register Here:

Click here to complete the sign-up



